

INTRODUCTION: WHY A SPIRITUAL INTELLIGENCE HANDBOOK?

WE MUST DISCOVER WHAT WE ARE LOOKING FOR INSIDE NOT OUTSIDE OF OURSELVES

We all have an inner peace we can learn to consciously access.

External rational thought creates external feelings.

Internal conscious thought accesses internal feelings.

SPIRITUAL INTELLIGENCE

Spiritual intelligence is a coined term. It sounds familiar. Yet most readers have never heard the term, never read about it and never discussed it with anyone else. Some may think they know its meaning, but they may be confusing spiritual intelligence with spiritual knowledge. Spiritual knowledge is knowledge about spirituality. Spiritual intelligence is like the intelligence of a genius. A genius is born, not made. It does not matter how much or how little they know, they are always geniuses. Their genius can never be taken from them. Like genius, Spiritual intelligence is a way of thinking. We are all born with it, live with it, and use it. It can never be taken from us. Yet many have not named it and do not have a conscious choice when they use it.

Spiritual intelligence is a scientific fact. It is true when you are feeling secure. At peace, loved and are happy you will see, hear and act differently than when you are feeling insecure, unhappy and unloved.

We all have an peace which is the presence of God within us. We access this presence by using our conscious spiritual thinking. We are not seeking the peace but the wisdom. It is like the prayer that asks for the serenity or peace and then the wisdom. We do not try to get the wisdom to get the peace, but the peace to get the wisdom. This wisdom is called spiritual intelligence and is what the following chapters are all about.

A HANDBOOK

I have a handbook that gives helpful hints for household repairs. I learned that if I pour baking soda down my pipes, then vinegar, then hot water, it will keep them unclogged. If I do not do that sooner or later I will have to call a professional to unclog the pipes. This Spiritual Intelligence Handbook is about the same thing. It has some good helpful hints as to how to keep things unclogged in your life. If you don't follow the preventative guidelines, there will probably come a time when it is too clogged to do anything else but call a pro.

A handbook is something you do not read from cover to cover. You just read the chapters that will give you the help you need. My spiritual handbook is called "The Christian Secret to a Happy Life" by Hannah Whitehall Smith. When I first got the book I couldn't get past the first chapter, it was so slow. Later I began to read the chapter that indeed the most, like the one on faith, love or joy. Suddenly the book became alive. I have yet to read the book all the way through, but it is still on the shelf as a reference if I get to missing the mark.

Also, this is not a book you should take notes on. It is based on commonsense that there are three principles that need to be understood as truth: (1) We all have the inner peace of God's presence, (2) Thought creates feeling, and (3) We can learn to access God's presence by using our spiritual faculties. The rest of the book is an illustration as to how these truths are applied to life.

Another thing I discovered about a handbook is that its instructions are generally simple to understand but not easy to do. You need to practice in order to take it to heart. When you mention "practice" to people, it tends to set them off. No one it seems to like to practice.

Think of this practice as brushing your teeth. How much time or energy does it take? I frankly don't like brushing my teeth, but the consequences are so grim I just do it. Practicing getting into the peace takes even less time than brushing your teeth. And, it is much more fun.